

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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STUDIO 1

7-8:30pm Adult Contemporary	10:15-11:45am Senior Ballet 60Y+	9:30-11am Adult Ballet Beginner	9:30-11:00am Adult Ballet Intermediate	9:30-11am Adult Chinese Dance		1:30-3pm Adult Ballet Intermediate
		7-8:30pm Adult Ballet Stretch	11-12:30am Adult Ballet Technique&Stretch			3-4:30pm Concert Rehearsal
						6:30-8PM Adult HipHop

STUDIO 2

7-8:30pm Adult Ballet Introduction Lv1	7-8:30pm Adult Ballet Beiginner		9:30-11am Adult Ballet Introduction Lv2			2-3:30pm Adult Ballet Introduction Lv2
			7-8:30pm Adult Ballet Pre- Intermediate			

STUDIO 3

	9:30-10:30am		9:30-11am Adult Ballet Stretch	3-4:30PM Adult Ballet Beginner		
	10:30-12pm					6-7:30pm

STUDIO 4

9:30-10:15am Reformer Pilates Group 1:6	3:45-4:30pm ^{Booked} Private Pilates 1:2				1:30-2:15pm Reformer Pilates Group 1:6	
	4:30-5:30pm ^{Booked} Private Pilates 1:2					
	5:30-6:15pm Reformer Pilates Group 1:6					